Find the $x$-values where each function attains its maximum and minimum on the given interval.

1. $f(x)=\ln (x)-\frac{x^{2}}{8}$ on $[1,4]$
2. $f(x)=\sin \left(x^{2}\right)$ on $[0,2.5]$
3. $f(x)=x^{2} e^{-x}$ on $[1,4]$
