Use Lagrange multipliers to solve the following.

1. A rectangular box without a lid is to be made from $6 \mathrm{~m}^{2}$ of cardboard. Find the dimensions of the box that maximize the volume.
2. Find the maximum and minimum values of $f(x, y)=2 x^{2}+3 y^{2}-4 x-5$ on the disk $x^{2}+y^{2} \leq 16$.
