Let $\mathcal{I}=\int_{0}^{1} x \sin \left(x^{3}\right) d x$

1. Calculate $L_{4}$ by hand. Does this overestimate or underestimate $\mathcal{I}$ ?
2. Calculate $R_{4}$ by hand. Does this overestimate or underestimate $\mathcal{I}$ ?
3. Write $L_{4}$ and $R_{4}$ using sigma notation.
4. Write $L_{10}$ using sigma notation, but do not calculate it. Does this overestimate or underestimate $\mathcal{I}$ ?
5. Write $R_{10}$ using sigma notation, but do not calculate it. Does this overestimate or underestimate $\mathcal{I}$ ?
