1. Let $r(t)=\left\langle\cos (t)^{3}, \sin (t)^{3}, \cos (t)\right\rangle$.

Plot the curve traced out by $r(t)$ and find its arclength.
2. Let $r(t)=\langle t \cos (t), t \sin (t), t\rangle$.
2.1 Show that the graph of $r(t)$ lies on the surface $z^{2}=x^{2}+y^{2}$.
2.2 Plot the curve and surface on the same set of axes to demonstrate this.

