I. Use series to approximate the value of the following integrals accurate within 0.001.

1. $\int_{0}^{1} \cos \left(x^{3}\right) d x$
2. $\int_{0}^{1 / 4} \frac{1}{1+x^{4}} d x$

Hint: $\frac{1}{1+x^{4}}=\frac{1}{1-\left(-x^{4}\right)}$
II. You can show that the series

$$
\sum_{n=0}^{\infty} \frac{3(2 n)!}{(2 n+1)(n!)^{2} 16^{n}}
$$

converges by the Ratio Test.
Calculate $S_{5}, S_{10}, S_{50}$. To what value does the series seem to converge?

